Nature Collaging: Art with Recycled and Organic Materials
Introductions

- We’re going to go around the room and introduce ourselves. Please say your name and where you are from.
Who Are We?

- A non-profit organization dedicated to tree equity in Boston
- Tree equity = ensuring trees are distributed in a way that provides maximum benefits to residents
Key Terms to Know

- *Urban Forestry* = taking care of trees in cities (like Boston!)
- *Tree Blindness* = people in cities don’t notice trees very often
Benefits of Urban Trees
Research has linked the presence of urban trees to...

- **PROTECTING BIODIVERSITY**
  including habitat for migrating birds and pollinators

- **REDUCING OBESITY LEVELS**
  by increasing physical activity including walking and cycling

- **REDUCING RATES**
  of cardiac disease, strokes, and asthma due to improved air quality

- **COOLING**
  city streets by 2-4°F, reducing deaths from heat and cutting energy use

- **MANAGING STORMWATER**,
  keeping pollutants out of waterways, and reducing urban flooding

- **FILTERING**
  up to a third of fine particle pollutants within 300 yards of a tree

- **INCREASING**
  neighborhood property values

- **REDUCING STRESS**
  by helping interrupt thought patterns that lead to anxiety and depression
Think of the different trees you saw on your way here today. Can you remember them? What did they looked like?
What is a Collage?

A collage is an art technique that uses a mix of different materials to create a new piece.
Example Collages for Inspiration
Collage Time!

- Grab a blank sheet of paper, some leaves, and any other materials you’d like to use
- If you brought your own materials, feel free to use them
Clean-Up

- Finish up working on your piece
- Please return all borrowed materials and dispose of trash
Sharing and Discussion

- Share your collage with the group, if you’re comfortable
- How did creating art with leaves make you feel?
- Do you think you’ll notice more trees after today?
Thank you for joining us!
On your way home today, take notice of the trees you see along the way.